

STARA KAMIENICA

Province of Lower Silesia

District Jelenia Góra

Poland

“IZERY WIES”

Vivid Villages in Polish Izer Mountains

PROGRAM FOR SUSTAINABLE DEVELOPMENT IN STARA KAMIENICA BASED ON THE PROJECT PROPOSALS OF LOCAL NGOs

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THE PROJECT TITLE

PROGRAM FOR SUSTAINABLE DEVELOPMENT IN DISTRICT STARA KAMIENICA BASED ON THE PROJECT PROPOSALS OF LOCAL NGOs

1. The program aims

The program aims at:

- Creating conditions for activating local community
- Helping non-governmental organizations in preparing and carrying out their own projects
- Supporting civil initiatives through the partnership between the Local Authorities and the non-governmental organizations
- Building understanding and acceptance of the variety of local community traditions and cultures
- Meeting the needs of local community signalized in small projects
- Strengthening of the economic potential of the local district (Stara Kamienica) basing on the sustainable development ideals, in particular taking into account the development of countryside/village tourism
- Development of the local job market through supporting local programs
- Creating an attractive offer for tourists
- Increasing the competitiveness of the tourist market
- Improving the standard and the quality of tourist services
- Improving the standard of living of local inhabitants
- Creating, together with the local NGOs, an overview of local activities
- Fighting with the dangers for the young generation, through organizing small projects
- Developing the basic principles of direct democracy (local democracy)

2. Area characteristics

Stara Kamienica is a country district situated in the South-West part of the Lower Silesia province. It borders with districts: Jelenia Góra, Piechowice, Szklarska Poręba, Mirsk, Jeżów Sudecki.

The district embraces an area of 110,5 of square km (11.050 ha) inhabited by about 5320 residents. The density is 48 people per 1 square km. Considering the territory Stara Kamienica is the largest district of Jelenia Góra - 17,6% constitutes 0,6% of an area of the Lower Silesia province. 8% of the overall area constitutes the developed terrain. Stara Kamienica is an independent self-government - it consists of places like: Antoniów, Barcinek, Chromiec, Kopaniec, Miedzylesie, Kromnów, Mała Kamienica, Nowa Kamienica, Rybnica, Stara Kamienica and Wojcieszycze. The bigger part of the village is set at an altitude of 300-500m above sea level.

The open level constitute mainly of rural terrains and forests. The soil is barren over the mountain area and erodes a lot but there are also big complex of protected soil which is conducive to the development of agriculture.

The nature resources are in large legally protected: the Landscape Park of Bóbr Valley, the flora reserve "Krokusy", palace parks, graveyards are not enough to preserve the most precious aspects. What is more, the district is on territory especially favorable to the development of tourism and recreation. The terrain is a part of the protected Karkonosze Landscape - the Izer Mountains, and in the "c" zone of Cieplice (spa).

There are many monuments in the district which are registered in the WKZ.

Because of varied landform features and the height of hills there are numerous beauty spots. The especially distinctive is Wysoki Grzbiet - the ridge of the Izera Mountains. However the greatest one is Wysoki Kamień (1058m above sea level) - one of the best beauty spots in the whole of the Sudete Mountains.

The layout of woodless hills over the district makes the terrains of Stara Kamienica an exceptionally beautiful in all directions.

Through the Stara Kamienica district run 7 tourist trails, among them the 6 chosen by PTTK (the Polish National Tourist Society). They are mainly parts of Sudete or local routes.

To improve the touristy infrastructure of the district, the cross-country trails were outlined (almost 10km), bicycle lanes were labeled, also folders are issued.

The tourism farms owners take part in fairs and events which promote this kind of holiday.

All the things make the Stara Kamienica district an attractive area in terms of nature and culture. When it comes to landscape, this is the most interesting area in Western Sudete. For all this, it would be advisable to create a system of tourist trails in Stara Kamienica for it is a place with most tourist attractions, set in the centre of the whole district, with touristic infrastructure.

The landscape of Stara Kamienica Municipality is characterized by a considerable height differentiation. The highest points reach more than 1000 meters as (Zwalisko 1046 m, Wysoki Kamień 1058 m). The lowest situated place is the mouth of Kamienica River to the River Bóbr – approx. 260 meters asl.

Before the war, there existed no protected territories within Stara Kamienica Municipality. But instead there was a number of inanimate nature monuments. It remained so until the year 1945. Since then, neither old, originally German, inanimate nature monuments were made protected, nor was any new monument established.

Till the year 1945 inanimate nature monuments were rocks:

1. Guzek near Stara Kamienica
2. Puszczyk near Wojcieszycze
3. Kazalnica near Wojcieszycze
4. Kwarc near Nowa Kamienica
5. Jaroszycka Skała near Antoniów
6. Zbójeckie Skały on Grzbiet Wysoki
7. Wysoki Kamień on Grzbiet Wysoki
Zwalisko on Grzbiet Wysoki.

At present the values of inanimate nature within the Stara Kamienica Municipality are protected legally, i.e. theoretically, only in the form of the Landscape Park of the Bóbr Valley. It covers a 2-2.5 km-width strip running along the left bank of the river Bóbr. The park's lag expands this strip of relative protection to 3-5 km. Its border is set by the course of the Jelenia Góra – Zgorzelec road.

Within the Landscape Park one nature reserve is being designed, whose fragments are situated on the grounds of the Stara Kamienica Municipality. If the nature reserve comes into being, elements of inanimate nature will be protected as well. The reserve is being designed in the lower part, at the mouth of the river Kamienica on the length of approx. 2 km.

Apart from that, there are no other forms of protection of inanimate nature on the territory of the Stara Kamienica Municipality.

Because of the ground configuration, both hogbacks of the Izery Mountains, Wysoki and Kamienicki, along with Rów Rozdroża Izerskiego (Mała Kamienna valley) which divides those two, deserve protection in the form of a landscape park.

Nearly every woodless hill within the municipality is a perfect view point both at the territory of the municipality as well as the Izery Mountains and Plateau, the Kaczawskie Mountains, Jeleniogórska Valley, Stara Kamienica Valley and the Karkonosze Mountains.

Moreover, there are also cultural values (monumental churches, country architecture, ruins of castles). All this makes the Stara Kamienica Municipality an attractive region as far as both the natural (inanimate nature) and cultural aspects are concerned. Also considering the landscape, the municipality belongs to the most interesting in the Western Sudete Mountains. Within the Stara Kamienica Municipality 97 natural objects have been catalogued. Among them there are 83 objects of the value of monuments of animate nature (60 single trees, 16 groups of trees, 7 hedges and avenues) and 14 assemblages of shaped flora: 12 on cemeteries and 2 parks (a park near the sanatorium and a court park).

In the Stara Kamienica Municipality two objects of animate nature have been catalogued so far. Nonetheless, a lot of old trees deserving such a status grow here. The most precious ones are: grand 200-year-old trees in Antoniów: a beech and a shank oak as well as two Swedish sorbs, a 200-year-old shank oak in Mała Kamienna, over 200-year-old lindens and a shank oak in Stara Kamienica, and also beech in the wood complex between Stara Kamienica and Barcinek.

In the Municipality Office there is a ranger register of architecture objects from the 19th and the beginning of the 20th century for the Stara Kamienica Municipality. The register has 337 entries and has been prepared by the Provincial Conservator of Monuments on January 4, 1984.

The most important architectural details and elements of interior decoration that have been appreciated are: window and door carpentry, joist ceilings, ornamental furnaces, slate covering and bands.

With respect to the development of tourist traffic, architecture objects of monumental value ought to be catalogued. Also the conservating works of objects listed in the register of monuments should be planned.

The cataloguing of "Wały Kamiennie" in Kopaniec have been started as well as the remainings of the medieval glassworks in Chromiec.

It is also necessary to catalogue and estimate the protection of the following buildings:

Ad posts in Kopaniec and Rybnica, stone bridges, the rail flyover in Stara Kamienica, the railway station building in Stara Kamienica and transformer stations.

Landscape values, view points and areas of special sight value are our underestimated or not enough displayed attributes.

Such special places include the following view points:

- 1.the mortal curve (administratively belonging to Stara Kamienica and Szklarska Poręba) is overgrown and requires agreements aiming at restoring the original function of this view point, with the possibility to build a view tower
- 2.Wysoki Kamień – too little promoted place of very high view values
- 3.Rozdroże Izerskie
- 4.Kozia Szyja w Kopańcu
- 5.the Bóbr Valley in Barcinek
- 6.Góra Sroczka in Rybnica
- 7.the hills along the Stara Kamienica – Nowa Kamienica road
- 8.the peak at the Mała Kamienica – Chromiec road
- 9.Wieczorny Zamek (the Evening Castle)
- 10.restoring of the view points in Barcinek
- 11.restoring of other view points within the municipality

The Stara Kamienica Municipality has very attractive areas of natural landscape and a harmonically shaped cultural landscape. With respect to this, care should be taken of the architecture of the new buildings – corresponding to the tradition of the region. Also an educational campaign should be carried in order to protect the landscape (satellite aerials, advertisements, mobile telephony aerials, etc.).

Within the Stara Kamienica Municipality there is a “Stare Krokusy” reserve which requires protection.

In the history of its tourist traffic, Stara Kamienica has elements connected with beneficial bioclimatic conditions. This involves in particular Barcinek, Kopaniec and Chromiec.

Numerous monuments of inanimate and animate nature can constitute a crucial element in advertising the municipality as well as in the development of touristy services.

The municipality has a great number of monuments of architecture that need be secured and protected against decay resulting from uncontrolled investments.

Higher parts of the municipality (Wysoki Grzbiet and Grzbiet Kamienicki of the Izery Mountains) are unemployed areas perfect for the development of walking, horse riding and ski tourism. One should support plans of proper use of these areas, e.g. Diabelski Kanion (Devil Canyon) on Izerskie Garby, Zacisze Izerskie (Izerskie Shelter) – golf links, the Labirynt etc.

Natural cross country skiing routes, partly prepared, have not been advertised enough, neither do they offer additional services. We should support any projects of development and building of new bike and skiing routes, horse riding tracks and touring car route.

Special attention ought to be paid to cultural tourism. This involves mainly promoting the “Wieś Izerska” (the “Izerska Countryside”) program connected with exposing the human values. Artists, handicraftsmen and artisans, settling down in large numbers in the municipality, could create a very interesting offer for the tourists.

The Stara Kamienica Municipality possesses on its territory frequent walking trails denoted by PTTK, hiking trails denoted by the NEMO Foundation, educational paths of the Szklarska Poręba Forest Division and also a number of unlabelled walking paths.

The total length of the bike tracks denoted by PTTK amounts to 18,8 km. Works are going on marking new tourist bike routes joining Stara Kamienica with the neighboring systems of both domestic and foreign bike routes.

3. Problem presentation

The fundamental problem of the Stara Kamienica Municipality is large unemployment and, consequently, the danger of social pathology. One of the chances is the development via local operating of the municipality's tourist offer.

At present, the Stara Kamienica Municipality does not have a well-developed infrastructure. An opportunity to develop the tourist infrastructure lies in actions leading to creating a **SPECIAL TOURIST ZONE** within the municipality.

The Special Tourist Zone would aim at:

1. providing the investors of tourist services with an attractive investment offer
2. creating a well located hotel and gastronomy background for the growing areas of the Karkonoski National Park
3. the possibility for tourist use of the Izerskie Mountains
4. offering new working places to the local population
5. enabling the local population to develop enterprise to serve tourist traffic and services for hotel objects
6. creating tourist car routes
7. marking trails for horse riding tourism
8. activating the artistic environment through opening new galleries, workshops, etc.

The tourist promotion of the Municipality so far has been dependent on small financial resources. It included:

- printing of postcards
- printing of promotional materials (folder, promotional portfolio, map)
- participation in trade fairs
- organizing recreational sport events
- creating the website

The Stara Kamienica Municipality belongs to the Dolnośląska Organizacja Turystyczna (Lower Silesia Tourist Organization) and to the NYSA Euroregion.

In order to achieve larger income from the tourist services, the municipality has to widen its promotional offer with successive elements of tourist marketing.

An important element is support and help in carrying out projects of non-governmental organizations in the field of promoting tourist regions.

In the Stara Kamienica Municipality at the end of the year 2002, 364 subjects running private businesses were registered in the REGON system.

The biggest percentage of companies is constituted by trade units and units from the “production activity” line.

Production activity in the private sector means mainly small manufacture performed by natural persons.

After political changes, the agricultural activity was limited in a considerable extent. In every place included in the program functioned National Homesteads. On the whole, the administrative area of the Stara Kamienica Municipality amounts to 11046 ha, of which 6338 ha are agricultural lands.

The number of homesteads – 650. Production lines – crop and animal production.

The area covered by the program is inhabited by 5,322 people, including:

§ 1 183 people in pre-productive age (22,2 %)

§ 3 430 people in productive age (64,5 %)

§ 709 people in post-productive age (13,3 %)

The population of the Stara Kamienica Municipality is marked by the following demographic phenomena:

§ A nearly permanent population number oscillating around 5,5 – 5,3 thousand of people

§ Regressive features in the demographic structure of the society (society ageing)

a constant decrease of population in pre-productive age

a slow decrease of population in productive age

achieving the productive age by more and more people

§ a considerable part of people in productive age in the overall population number of the municipality (64,5 %)

§ a prevailing part of women in the overall population number

There are a lot of people who need financial support. In the period from 1.01.2004 to 30.06.2004 that much money was spent:

NAME:	1	2	3	4	5	6	7	8
Basic temporary benefit	159	479	228	7	164	477	587	52227,02
Maternity temporary benefit	8	24	15	2	7	22	27	8514,02
Single temporary maternity benefit	6	18	11	2	7	18	6	1206,00
Guaranteed temporary benefit	3	8	6	1	2	8	12	4702,20
Basic purpose benefit, living needs	101	286	136	3	97	285	154	11490
Purpose benefit – food	74	328	166	5	72	326	76	
Special purpose benefit	2	3	3			3	2	300
Purpose benefit – co-financing the purchase of fuel	1	2	1		1	2	1	100
Regular benefit for women raising their children	6	23	11		2	23	24	10032
Regular benefit	27	55	22		9	55	127	38891,45
Nursing benefits	1	1				1	4	571,9
Family allowances	2	4	4		1	4	8	340
Direct help: purchase of needed items	1	1				1	1	3,06
Social care services	3	6	3			6	3	
TOTAL							1032	128377,65

Legenda:

1. Number of families
2. Number of members in a family
3. Number of women in a family
4. Number of unemployed persons with the right to the social benefit
5. Number of unemployed persons without the right to the social benefit
6. Number of persons on the dole
7. Number of social benefits
8. Value of social benefits

On the whole – number of families with the benefits – 225, including 678 persons.

Delivering tasks deriving from the Family Allowances Act for the period May – June 2004.

It is difficult to estimate the percentage of working population in this small administrative district Stara Kamienica, because most of the economic enterprises consist of one person or is a family business. The statistical contain information about enterprises which employ more than 5 people.

9 % of the unemployed from the Jelenia Góra district live in Stara Kamienica (the population of the local district Stara Kamienica amounts to 8 % of the whole population of the bigger district Jelenia Góra). However, only 30 % of the population have the right for the unemployment benefit. The biggest group of unemployed are people aged 35-44 and 18-24. The most of them are women.

The unemployment rate in Jelenia Góra administrative district in the month April 2004 amounted to 28,8%.

On 31.05.2004 the number of unemployed amounted to 587, from whom 299 were women. There are 114 unemployed people with the right to get unemployment benefit and 17 newly graduated.

Unequal chances, especially for the younger generation, create a danger for developing negative social care phenomena.

The number of people with alcohol problem is estimated at 149. The counseling centre for the group and individual therapy (meetings twice a week) show an increasing problem of alcoholism among youth. Alcoholism is not only a problem of the addicted person, but also of their families. It is noted that 63 people are touched with "family alcoholism". A second problem is drug addiction. 30 people are suspected to permanently use drugs.

4. Co-operation of the local authorities (gmina) with local NGOs

Co-operation of the local authorities (gmina) with local NGOs acting with the goal of raising the standard of living of the local community and improving the quality of tourist services, has lead to adopting a co-operation plan.

The following non-governmental organizations are active on the territory of the district (gmina) Stara Kamienica: (as of 1 June 2004)

1. Foundation NEMO – Kopaniec- Międzylesie
2. Association Kopaniec
3. Association for Supporting Entrepreneurship „Izery”
4. Association „Trapez”
5. Society Friends of Wojcieszycze
6. Association „Our Barcinek”
7. Society Friends of Rybnica
8. Village Women Association – Rybnica
9. Sports Club “Juvenia” Rybnica
10. Sports Club LZS Stara Kamienica
11. Sports Club “Danpol” Wojcieszycze
12. Voluntary Firemen Brigade
13. Youth Group in Nowa Kamienica

The aims of the co-operation are:

- Developing civil initiatives
- Activating the women’s movement
- Activating social life in the villages of the district Stara Kamienica
- Integrating the inhabitants of the district
- Improving the cultural offer for children and youth
- Promoting the district Stara Kamienica in Poland and abroad
- Creating new tourist product

- Active methods of fighting unemployment
- Passing onto next generations knowledge with regard to handcrafts artistic skills, with particular attention paid to disappearing jobs
- Organizing trainings
- Developing various forms of cultural activity
- Improving the investment attractiveness in the district
- Equaling the chances of village children with respect to their peers from the cities
- Protecting historical buildings and memorial places
- Environmental protection

Planned activities:

- a) Creating the local Promotion and Culture Council
- b) Working out the Local Promotion and Culture Program (for 1 year and long-term)
- c) Organizing cultural-recreational events
- d) Organizing activities for children and youth
- e) Organizing sport events
- f) Proposing new forms of women activity
- g) Offering training for NGO leaders
- h) Proposing new tourist program offer
- i) Promotion of the district in the media
- j) Creating new jobs for graduates (organization of cultural activities with children and youth)
- k) Promoting reactivation of handcrafts (disappearing skills) as tourist offer –Izery Village
- l) Organizing trainings for people interested in development of tourist services as an additional source of income
- m) Promoting the investment attractiveness of the district (improving the technical infrastructure, tax benefits for investors, projects of other organizations of firms)
- n) Coordinating activities aiming at preserving and making accessible the historical monuments on the territory of the district
- o) Applying for creating an Area of Protected Landscape on the territory of the district

Expected results:

- a) Regular meetings of the Promotion and Culture Council
- b) Directing, diving opinions and carrying out the conclusions of the Promotion and Culture Council
- c) Adopting the Local Program for Promotion and Culture for 2004
- d) Adopting the Local Program for Promotion and Culture for 2005-2007
- e) Carrying out the cultural-recreational activities according to the plan
- f) Carrying out the sports events according to the plan
- g) Carrying out various activities and training for women
- h) Carrying out a series of trainings for NGO leaders
- i) Creating a group of leaders for NGOs
- j) Promoting new tourist (agrotourist) offer in the media and at promotion events
- k) Increasing the tourist movement on the territory of the district
- l) Employing new people from the territory of the district for running the cultural activities with children and youth
- m) Restoring the handcrafts centers (disappearing jobs) as a tourist attraction
- n) Attracting investors creating new employment opportunities to the territory of the district Stara Kamienica through promotion
- o) Increasing the standard of living of the inhabitants
- p) Poprawa standardu życia mieszkańców
- q) Minimizing the differences in the development chances of village children with respect to their peers from the cities
- r) Preserving historical buildings on the territory of the district (long-term plan)
- s) Promoting historical buildings in the media and promotional materials
- t) Create a new program for environmental protection with particular attention on the development of tourist services

5. Beneficiaries

The beneficiaries of the program consisting from the respective projects of the local NGOs are:

- a) Local inhabitants of all age groups
- b) Polish tourists
- c) Foreign tourists

6. Participants and partners

The program is construed as a collection of the projects prepared by the local NGOs acting on the territory of the district Stara Kamienica. It is the first stage of the carrying out of the program "Izery Village".

The main partners of the program are:

- a) Foundation NEMO – Kopaniec- Międzylesie
- b) Foundation Stichting Tilburg – The Netherlands
- c) Informal Youth Group in Nowa Kamienica
- d) Village authorities Council in Nowa Kamienica
- e) Village Women Association - Rybnica
- f) Friends of Rybnica Society
- g) Sports Club LZS Stara Kamienica
- h) Association „Our Barcinek”
- i) Friends of Wojcieszycze Society
- j) Association Kopaniec
- k) The Local Authorities in Stara Kamienica

7. Time-table

L.p.	The name of the project	Beginning date	Ending date
1.	„Nowa Kamienica yesterday and now”	10.01.2005	01.07.2005
2.	„Music workshops – Choir of Women Farmer Association in Rybnica”	04.04.2005	08.07.2005
3.	„Activating village youth through organizing workshops and sport activities”	01.09.2004	01.07.2005
4.	„Cycling Barcinek”	01.09.2004	01.07.2005
5.	„Become a master in chess”	01.10.2004	01.07.2005
6.	„Medieval Kopaniec”	01.10.2004	01.07.2005
7.	„Izery Meeting Point”	01.05.2005	01.10.2005
8.	Project coordination	01.07.2004	31.07.2005

8. Budget

In order to carry out the project and continue it in the following years, the following costs must be made:

L.p	Name	Requested amount	Total cost
1.	Translation of the project into English	700	700
2.	Project coordination		1.300
3.	Laptop	8.000	8.000
4.	Public Relations		500
		8.700	10.500

TOTAL BUDGET OF THE WHOLE PROJECT

L.p	Name of the project	Requested amount		Total cost	
		PLN	EUR	PLN	EUR
1	„Nowa Kamienica yesterday and now”	13.900	3.090	22.000	4.890
2	„Music workshops – Choir of Women Farmer Association in Rybnica”	15.000	3.334	17.300	3.846
3	„Activating village youth through organizing workshops and sport activities”	41.060	9.033	85.060	18.890
4	„Cycling Barcinek”	25.000	5.556	29.000	6.444
5	„Become a master in chess”	21.000	4.667	29.200	6.489
6	„Medieval Kopaniec”	25.000	5.556	30.000	6.667
7	“Izery Meeting Point”	25.000	5.556	34.000	7.556
8	Project coordination	8.700	1.933	10.500	2.333
		174.660	38.725	257.060	57.115

9. Evaluation

The evaluation of the respected projects will take place after completion of each task in accordance with the respective project time-tables.

The evaluation will result in correction and improvement of the methods directed at achieving the goals of the project and effectiveness of the use of the donated amounts.

10. Public relations

Information about the program will be regularly appearing in the district Bulletin of the Local Authorities „Izery Village”, issued 4 times a year a 500 items.

In addition press releases will be forwarded to the local press, radio stations and other media.

PROJECT PRESENTATION 1

TITLE

„Nowa Kamienica yesterday and now”

Organization

**Non-formal Youth Group in Nowa Kamienica at the
Village Authority Council in Nowa Kamienica**

Coordinator

**Adam Spolnik
starakamienica@neostrada.pl**

PROJECT SUMMARY

A youth group in Nowa Kamienica active under the auspices of the local Authority Council in Nowa Kamienica is an informal group consisting of 15 members aged 16-22. The youth is trying to integrate the local community in Stara Kamienica. The main goal of their activities is to create a cultural offer in a village suffering from the mistakes of the communist times (big state farms). They want to nicely arrange a village club, which will enable them to organize events aiming at enriching the tourist offer of the whole region.

Preparing an exhibition „Nowa Kamienica yesterday and today” will allow for integration and better understanding between the groups of all ages in this small village. The exhibition will present common history and cultural heritage of Poland and Germany.

The total cost of the project amounts to 22.000 zł. (around 4890 EUR). Requested amount: 13.900 zł. (around 3090 EUR)

INFORMATION ABOUT THE ORGANIZATION

FULL NAME OF THE ORGANIZATION

Youth Group from Nowa Kamienica at the local village authorities (Rada Sołecka)

ADDRESS OF THE ORGANIZATION

Nowa Kamienica

TELEPHONE / FAX / E-MAIL / WWW

75 43 638

CONTACT PERSON

Michał Kohut, Urszula Kołodziej, Adam Spolnik – supervisor of the project

LEGAL STATUS

Informal youth group

BANK ACCOUNT NUMBER

STARTING DATE OF THE ORGANIZATION

2001 r.

MANAGEMENT AND STRUCTURE

Informal youth group

SCOPE AND FORMS OF ACTIVITIES

The group organizes activities for youth and children from the area of Nowa Kamienica

PEOPLE WORKING FULL TIME

none

VOLUNTEERS

15

AREA:

Nowa Kamienica area

CONTACTS:

The group co-operates with the following organizations:

- Local Authorities Council (Rada Sołecka) in Nowa Kamienica
- Parish Council
- Fundacja Nemo in Międzylesie

EXPERIENCE SO FAR:

In its activity so far the successes of the group were:

1. Organizing games on Children's Day in 2002, 2003, 2004
2. Organizing Santa Claus party for children
3. Organizing New Year's Eve for youth (2001-2003)
4. Organizing discos for youth
5. Making initial renovation in the common social room in the village
6. Arranging the volleyball field in Nowa Kamienica
7. Help with arranging a playing field for children in Nowa Kamienica

II. INFORMATION ABOUT THE PROJECT

TITLE OF THE PROJECT:

„Nowa Kamienica yesterday and today”

DURATION OF THE PROJECT:

- | | |
|--|------------------|
| 1. Beginning date of the project: | 10 January 2005r |
| 2. Ending date of the project: | 1 July 2005 |
| 3. Follow up of the project: the common social room after the completion of the project will serve as a meeting space for all age groups in Nowa Kamienica and visiting tourists | |

PROBLEM DESCRIPTION

AREA AND PROBLEM CHARACTERISTICS:

Nowa Kamienica is a small village situated in Izery Foothills in Stara Kamienica valley. It spreads at a length of around 1,5 km. alongside the Kamienicka river, on 375-410 m asl. First information about the village can be found as early as in 1348. The name of the village has been changed several times: Nova Kempnicz, Kempnicz noua uilla, Neu Kemnitz, Neu-Kämnitz and then after 1945 r Kopice, Kepic. Finally since 1946 roku the name Nowa Kamienica was used. Three cultures are meeting in Nowa Kamienica: Polish, German and the culture of the territories formerly creating the USSR: Ukraine, Belorussia, Lithuania, Russia). Until the 60-ties depopulation of the village was observed, but today the process has stabilized and the village is not threatened with complete depopulation and „extinction”. The village is situated on the territory of the former stare agricultural farms - PGRs). There are not any shops or service points in the village. The communication services are bad. Lack of sufficient cultural offer is a danger of negative social phenomena such as alcoholism, drug-taking and crime.

The landscape around Nowa Kamienica is beautiful. From the nearby hills you can see Góry Izerskie. The village at present does not have any perspectives for development besides agro-tourism, tourism and agriculture. There are many historical monuments in the village: late gothic church, houses with some parts dating from XIX, stone bridges).

The German population living here before the second World War has left here many traces of cultural activity and beautiful historical monuments. Unfortunately, people too often forget about the past. The youth are not able to imagine how the village had looked like 100 years ago. There are 157 inhabitants in Nowa Kamienica. Problem of free-time management concerns the group of around 40 children and youth.

The idea of activating and directing the activities of the youth came into being with the involvement of the beneficiaries of the project. The informal group of youths started to manifest its will of doing something already in 2001. Together with the local village

council they organized first events not only for themselves, but also for the remaining youth and children. Moreover, a lot of adults also took part in the events. First activities did not cost anything. However, lack of appropriate place to organize activities in case of bad weather and in winter limited carrying out a lot of ideas.

It was in that time, when more and more tourists appeared in the village who, using the marked bicycle route, visited Nowa Kamienica. There came an idea to attract the attention of those guests with this small, but beautiful village. In order to achieve this goal, renovation of an old community room is necessary. This community space will be suitable for all ages of the people, being a good place to organize events attracting the attention of the tourists. Common activities aiming at achieving this goal will allow for integration of the local community, and, in particular, young people.

GOALS OF THE PROJECT:

- „Discovering” Nowa Kamienica for the tourists
- Activating the inhabitants of Nowa Kamienica (in particular the youth) for social activities entailing cultural elements
- - Integration of the inhabitants of Nowa Kamienica
- Organizing a photo exhibition about the history of Nowa Kamienica in the past 100 years
- Preparing a community space in Nowa Kamienica for all inhabitants to use
- Equipping people busy with running the project new abilities: organization of an exhibition, artistic skills, preparing materials for media, preparing advertising materials (posters, leaflets).

EXPECTED RESULTS

- A photo exhibition „Nowa Kamienica yesterday and today”
- The community space in Nowa Kamienica will be prepared for organization of various activities and meetings being the cultural offer of the inhabitants and visiting tourists.

-

TASKS:

- Preparing the photo- exhibition showing the history of Nowa Kamienica in the last 100 years (gathering materials, archiving them, undersigning them, graphic presentation)
- Renovating the community space
- Arranging the community space for accompanying events
- Organizing a lecture about the history of Nowa Kamienica
- Organizing a „moving exhibition” in the neighborhood.
- Cooperation with media.

EVALUNATION OF THE PROJECT:

1. Task evaluation

Subsequent stages of the project will be supervised by the Village Council in Nowa Kamienica and the authorized employee from the building department of the local authorities. Evaluation will allow for making the changes and better preparation of the exhibition. Opening of the exhibition is planned for 18 June 2004.

2. Goal achievement evaluation

- Making of an exhibition will constitute achieving the goals of the project. This will prove activating local inhabitants.
- Information about the village for tourists (press, radio, leaflets)
- Arranging activities for various age groups in the community room.

TIME SCHEDULE

- | | |
|--|--------------------|
| 1. Beginning of the project | - 10 January 2005r |
| 2. Gathering and preparing materials for the exhibition | - January-March |
| 3. Preparing materials for the lecture about the history of Nowa Kamienica | - January - April |
| 4. Preparing documents for renovation of the community space | - January |
| 5. Buying building materials | - February |
| 6. Renovation of the community space | - February-May |
| 7. Acquiring equipment for the community space | - May |
| 8. Acquiring needed household materials | - May |
| 9. Preparing the exhibition | - May-June |
| 10. Opening the exhibition | - 18 June 2005r |
| 11. Finishing the project, financial matters | - 1 July 2005r |

BUDGET

REQUESTED AMOUNT

<i>L.P.</i>	<i>TASK</i>	<i>amount</i>
<i>1.</i>	<i>Building materials: floor, isolation, paints, other</i>	<i>4.500</i>
<i>2.</i>	<i>Acquiring needed household materials (kettle, glasses, spoons etc.)</i>	<i>500</i>
<i>3.</i>	<i>Acquiring the computer for the community space and preparation of the exhibition</i>	<i>4.500</i>
<i>4.</i>	<i>Transport of the materials</i>	<i>500</i>
<i>5.</i>	<i>Office materials (paper, paints, etc.)</i>	<i>300</i>
<i>6.</i>	<i>Speakers</i>	<i>1000</i>
<i>7.</i>	<i>Light</i>	<i>2000</i>
<i>8.</i>	<i>Frames 15 items</i>	<i>600</i>
	<i>TOTAL</i>	<i>13.900</i>

OWN CONTRIBUTION

<i>L.P.</i>	<i>Task</i>	<i>Amount</i>
<i>1.</i>	<i>Renovation work</i>	<i>8.000</i>
<i>2.</i>	<i>Maintenance of the room</i>	<i>500</i>
<i>3.</i>	<i>Translation of the project</i>	<i>100</i>
	<i>TOTAL</i>	<i>8.600</i>

BUDGET OF THE WHOLE PROJECT

	<i>Name</i>	<i>AMOUNT zł</i>	<i>EUR</i>
<i>1.</i>	<i>Own contribution</i>	<i>8.600</i>	<i>1.800</i>
<i>2.</i>	<i>Requested grant</i>	<i>13.900</i>	<i>3.090</i>
	<i>TOTAL</i>	<i>22.000</i>	<i>4.890</i>

PROJECT DESCRIPTION 2

TITLE

„Music workshops – Choir of the Village Women Association in Rybnica”

Organization

Village Women Association in Rybnica

Co-coordinator:

Adam Spolnik
starakamienica@neostrada.pl

SUMMARY OF THE PROJECT:

Village Women Association has now existed for 40 years. Reactivated in 2003, it is looking for new forms of activating the inhabitants of the inhabitants of Rybnica. Many unemployed women are to a great extent threatened with the consequences of lowering the standard of living of the society (including the social pathology factors). They do not have any possibilities for leading an active social life. Making of a choir would enable them to develop and become more self confident. The choir of the Village Women Association could then be a distinctive attraction for tourists visiting this region. Self made clothes with ornaments characteristic for the place of origin of the singers will be an additional attraction of the choir. The total cost of the project amounts to 17.300zł (around 3.846 EUR). Requested amount: 15.000 zł (around 3.334 EUR)

INFORMATION ABOUT THE ORGANIZATION:

FULL NAME OF THE ORGANIZATION:

Village Women Association in Rybnica

ADDRESS OF THE ORGANIZATION:

Rybnica 165

TELEPHONE / FAX / E-MAIL / WWW

75 14 561

CONTACT PERSON:

Leokadia Niedźwiecka, Wanda Gajzler, Adam Spolnik

LEGAL STATUS

Association – Village Women Association in Rybnica at the Agricultural Organization in Jelenia Góra

BANK ACCOUNT NUMBER:

STARTING UP DATE OF THE ORGANIZATION:

Village Women Association came into being around 1960 and was reactivated on 28.02.2003r.

MANAGEMENT AND STRUCTURE:

The Board of the Association – leader, vice-leader, treasurer, secretary

ACTIVITIES

The association organizes meetings of women together with workshops of cooking, baking, sewing

PEOPLE EMPLOYED FULL TIME

NOT APPLICABLE

VOLUNTEERS

There are 24 members of the Village Women Association

TERRITORY

Rybnica

CONTACTS

Współpraca z: Towarzystwo Przyjaciół Rybnicy, Ochotnicza Straż Pożarna w Rybnicy, LKS Rybnica

EXPERIENCE

Organizing courses: cooking and baking
Organizing events on the Women's day, Mother's Day, Children's Day, Andrzej Nameday Party, Rybnica Days, Santa Claus party
Participation in events: agro-tourist fair in Jelenia Góra, participation in „Izery Fair” in Stara Kamienica.

III. INFORMATION ABOUT THE PROJECT

TITLE OF THE PROJECT

„Music workshops – Choir of the Village Women Association in Rybnica”

DURATION OF THE PROJECT:

1. Beginning date: 4 April 2005
2. Finishing date: 8 July 2005
3. Further activities: the choir of Village Women of Rybnica will function in the following years with a possibility of broadening the activity to creation of the mixed choir and a youth choirs.

PROBLEM DESCRIPTION

1. Area characteristics

Rybnica is a small village belonging to Stara Kamienica district in Jelenia Góra district in Dolny Śląsk province. It is one of the oldest villages in Jelenia Góra valley – First information about the village comes from 1288. The village had names: Reibnicz, Rybnitz, Rybenicz, Reinnz, Reibnitz, after 1945 r. Rybnik, Rybnica. This rather a big village is situated in a deep, crooked valley of Młynówka river at the feet of Rybnica Highland. The buildings are spread at a distance of 2,8 km at the height 380-440 m. there are many historical monuments in the village. The most important are: Parisg Church of Saint Katarzyna, ruins of a castle from XIV century, a historical villa, train station building, many living and farm buildings.

The local community in the previous years was employed in the local state agricultural company, however their income came also from individual farms. At present only some of the inhabitants have work in the nearby Jelenia Góra. Only some of the people generate income from agriculture. Political changes brought about huge unemployment, which have mostly influenced the status of village women. Many cases of pathological phenomena and general poverty in the society does not lead to integration of the local community. Creating the new image of the village is a chance for the inhabitants of the village. One of the possibilities is creating a tourist offer for tourists who begin to visit this place more often.

2. Problem characteristics and the area which this problem concerns:

The problem of lack of the cultural offer for village women concerns not only the village Rybnica, but also the whole local administrative districts of Stara Kamienica. Also women living in villages other than Rybnica will be able to participate in the activities running by the choir. Close proximity of villages like: Barcinek, Stara Kamienica, Kromnów or czy Wojcieszycze enable this.

There are many unemployed women living in Rybnica. Their permanent activity is running their households. Difficult financial situation and common problem of alcoholism among men is a cause of depression and apathy in most of the women. Lack of appropriate cultural offer is a cause of frustrations. Village Women Association in Rybnica is trying to organize many meetings for those women connected with handcrafts. During many conversations women signalized the willingness to set up a choir. Many women from outside the Village Women Association would also promptly participate in the activities of the choir. This is a one-only chance to activate many women and founding a choir of the Village Women Association.

GOALS OF THE PROJECT:

- Making the tourist offer of Rybnica and neighboring area more attractive
- Activating women living in Rybnica to participate in social activities
- Integration of the inhabitants of Rybnica
- Organizing concerts for local community and tourists
- Long-term goal is to create the mixed choir and presenting it at the folklore music competition in the region.

EXPECTED RESULTS:

- The direct result will be workshops of the choir of the Village Women Association .This will be a series of activities 2 times a week for 2 hours from April to June 2005. There will be up to 20 participants under the guidance of the choir leader.
- During additional activities ladies will be able to handmade clothes for performances from the materials purchased. There will be 10 costumes. They will depict ornaments characterizing the region.
- The instrument purchased in the framework of the project will allow for continuing the activities in the following years. It will also be possible to use it during local events.
- An the end of the workshops in June 2005 a concert will be organized aiming at integrating inhabitants of the village and promoting the idea of participating in the choir among other people.
- The result of the project will be creation of new tourist offer with a regularly updated program of concerts of folk and popular songs.

TASKS

The workshops of the Choir of the Village Women Association will be run in the community room of the Association in Rybnica (former school building). The participants of the workshops will be women from the Village Women Association and other women. During the series of workshops 20 women will be able to spend time in an interesting way raising their vocal skills by learning new songs. The activities will be run by a choir leader. Women will be singing new and old songs suitably chosen with respect to the possibilities of the women and the character of the choir.

Hand-making the clothes, which will happen during separate meetings will allow the women to gain new sewing and decoration skills. Introduction of ornaments characteristic for the regions from which the inhabitants of Rybnica come from, will allow for learning cultural differences and integration of the inhabitants. Workshops will be lead by the professional guidance of the choir leader and formal supervision of the chairperson of the Village Women Association as well as the coordinator of the whole project.

EVALUATION OF THE PROJECT:

1. Evaluation with respect to the tasks

The subsequent dates of the workshops will be supervised by the chairperson of the Village Women Association. Evaluation will allow for making necessary adjustments and better preparation of the whole choir. The concert foreseen for July 2005 will allow for public evaluation of the project.

2. Evaluation with respect to the aims

Achieving the goals will actual be running of the workshops, which will be a proof of activation of the women and the concert in July 2004.

TIME SCHEDULE

- | | |
|---|-----------------|
| 1. Beginning of the project | - 4 April 2005r |
| 2. Purchase of the materials and making clothes | - April |
| 3. Purchase of the instrument | - April |
| 4. Rehearsals | - April -June |
| 5. Making costumes | - April - June |
| 6. Performance | - July |
| 7. Finishing the project and financial report | - 8 July 2005r |

BUDGET

REQUESTED AMOUNT

<i>L.P.</i>	<i>Task</i>	<i>Amount</i>
<i>1.</i>	<i>Purchase of the materials necessary for making the costumes: 10 items</i>	<i>10.000</i>
<i>2.</i>	<i>Purchase of the instrument</i>	<i>3.000</i>
<i>3.</i>	<i>Employment of a choir leader – 30 zł / hour</i>	<i>1.500</i>
<i>4.</i>	<i>Transport of the materials</i>	<i>500</i>
	<i>TOTAL</i>	<i>15.000</i>

OWN CONTRIBUTION

<i>L.P.</i>	<i>Task</i>	<i>Amount</i>
<i>1.</i>	<i>Energy - electricity</i>	<i>200</i>
<i>2.</i>	<i>Maintenance of the room</i>	<i>1500</i>
<i>3.</i>	<i>Office materials – posters, invitations etc.</i>	<i>200</i>
<i>4.</i>	<i>Food – to be distributed during the concerts</i>	<i>400</i>
	<i>TOTAL</i>	<i>2.300</i>

BUDGET OF THE WHOLE PROJECT:

	<i>Name</i>	<i>Amount zł</i>	<i>EUR</i>
<i>1.</i>	<i>Own contribution</i>	<i>2.300</i>	<i>512</i>
<i>2.</i>	<i>Amount requested</i>	<i>15.000</i>	<i>3334</i>
	<i>TOTAL</i>	<i>17.300</i>	<i>3.846</i>

PROJECT PRESENTATION 3

TITLE

**„ ACTIVATING VILLAGE YOUTH THROUGH
ORGANIZING SPORT ACTIVITIES AND
EVENTS”**

Organization

Sports Club LZS Stara Kamienica

Coordinator

**Adam Spolnik
starakamienica@neostrada.pl**

SUMMARY OF THE PROJECT:

Project under the title „Activating village youth through organizing workshops and sport activities” has as its goal creating an offer of free-time activities for youth and enriching the tourist offer of the district. The project has been prepared by the Sports Club LZS Stara Kamienica, which is a guarantee if its success, having regard at the longlasting experience that the club acquired in the process of achieving its goals. Stara Kamienica as an area, where there has previously existed a large agricultural company (PGR), is an area with a high percentage of unemployment and following it high degree of pathological social phenomena. Few possibilities of free time activities for young people makes them use alcohol and other addictive products. Sustainable development of tourist services in the countryside is possible through widening the offer of sport–recreational attractions. Organization of indoor tournaments and International Football Cup will be a good beginning on the way to achieving the project aims.

The total project cost amounts to 85.060 zł (around 18.890 EUR). Requested amount: 66.060zł (ok.14.667 EUR).

INFORMATION ABOUT THE ORGANIZATION

FULL NAME OF THE ORGANIZATION

Sports Club LZS Stara Kamienica

ADDRESS OF THE ORGANIZATION

58-512 Stara Kamienica 77

TELEPHONE / FAX / E-MAIL / WWW

75 14 245, 75 14 270

CONTACT PERSON

Eugeniusz Kosteczka – The director of the club

LEGAL STATUS

Phisycal Culture Association – Registration number: KRS 0000178237

BANK ACCOUNT NUMBER

BOŚ 78 1540 1199 2036 8063 5749 0001

STARTING UP DATE OF THE ORGANIZATION:

The sports club has existed already since 1953. It is registered as an association since 12.12.2003r

MANAGEMENT AND STRUCTURE

Board of the Sports Club

The scope and the forms of activities:

The goal of the club is promoting physical activities among children, youth and adults on the Club's territory and raising up children through physical culture and sport.

PEOPLE WORKING FULL-TIME

Not applicable

VOLUNTEERS

The board consisting of 5 people, 63 members of the club

Area of activity

Stara Kamienica

CONTACTS

Partnership with Korenov in Czech Republic and Gutttau w Niemczech

EXPERIENCE OF THE ORGANIZATION

Long-term experience in running sport activities

The sports club has organized many tournaments, including international events

IV. INFORMATION ABOUT THE PROJECT

TITLE OF THE PROJECT

Activating village youth through organizing sport events and activities

DURATION OF THE PROJECT

1.Beginning date of the project: 1.09.2004r

2.Ending date of the project: 1.07.2005r

3.Follow-up of the project: In the following years the activities with youth will be continued.

PROBLEM DESCRIPTION

1. Village characteristics:

Stara Kamienica is the main settlement in the local administrative district Stara Kamienica. It was first mentioned in the writings from 1242. The name of the town was changed many times: Chemnice, Kemnitz, Kempnitz, villa anteriori Kemenicz, Kämnitz, Kamieniec, Altkemnitz, after 1945 Keamienica and at present since 1946: Stara Kamienica.

This large, long village was formerly a chain village. It spreads alongside Kamienica river at a distance of 4 km.

The most precious historical monuments are: parish church mentioned already in 1370r, ruins of the castle which was the main headquarters of the Schaffgotsch family, train station, train bridge and many family and farm buildings.

Stara Kamienica is and agricultural and an industrial village. In 1978 there were 173 farms here, one state farm company and an agricultural production association. After economic changes many farms disappeared and after the liquidation of the state farm company many people lost employment. There is a Public School in the village and a crèche. There are not many shops and service points. There is no cultural centre in the village. Because Stara Kamienica is situated in an attractive region it may be a good basis for the development of tourism. Lack of the sustainable development of tourism is a result of lack of sufficient tourist offer. It also concerns the non-existing sporting events offer.

2. Problem characteristics and the area which this problem concerns:

There exists a serious threat of pathological social phenomena among youth on the territory of the village Stara Kamienica and the neighboring villages. The not sufficient offer of activities outside school reinforces the development of negative interests among youth. As a way to overcome this problem, we want to organize a new – youth group which would participate in the sporting program of the Sports Club LZS Stara Kamienica. Youth taking part in the program will not only be physically educated, but also will follow the educational advice of the instructors according to the models of bringing up youth. This will enable limiting interest in alcohol and other addictive substances.

During a series of activities three indoor competitions will be organized as well as the International Football Competition. Those events will be an additional tourist offer for tourists active in the area of Stara Kamienica.

GOALS OF THE PROJECT:

- Short term goals of the project

1. Creation of one youth training group consisting of 20 youths
2. Organization of winter sports activities finishing with the indoor competition
3. Renovation of the sports facilities
4. Organizing activities for children in summer and winter
5. Making the tourist offer of Stara Kamienica more attractive through organizing football tournaments.

- Long term goals of the project

1. Further training of youth during systematic sport trainings with qualified coaches
2. Participating in youth tournaments
3. Annual organization of sport events: in the summer: on the pitch, in the winter: indoor.
4. Long time renovation of the existing sports facilities
5. Annual organization of activities for youths not going anywhere for vacation.
6. Enriching the field of activity of the club.
7. Instructor training

EXPECTED RESULTS:

The result of the project will be the participation of the new group of young competitors in the trainings organized by the sports club LZS in Stara Kamienica.

It is expected that the players will participate in competitions of teams in respective groups.

Organization of the sport events will be an additional attraction for the tourists coming to Stara Kamienica.

The International Football Competition (with several years tradition) can become one of main events in the life of the village

TASKS

1. Running systematic sports activities two times a week 1,5 hours each.
2. Participation in competitions once a week.
3. Making spare seats for spare players
4. Making goalkeeper gates
5. Renovation of the cloak-room
6. Making a youth football pitch
7. Renovating the drainage system on the football pitch
8. Purchase of goalkeeper nets
9. Organization of the III International Football Competition.

PROJECT EVALUATION:

The chairman of the club will have the direct supervision of the activities with the new football group. All changes to the training program will allow for the more effective use of the training base and reaching a good place in the sport classifications.

The building works on the training pitch will be directly evaluated by a person with building qualifications.

The evaluation of the program will allow for better allocation of the grant.

TIME SCHEDULE

- | | |
|--|--------------------|
| 1. Beginning of the project | - 1 September 2004 |
| 2. Start of the activities with the youth group | - September - June |
| 3. Compulsory medical examinations | - September |
| 4. Instructor training | - September - June |
| 5. Referee fees | - September - June |
| 6. Going to matches | - September - June |
| 7. Making places for players | - April |
| 8. Making the gates | - April |
| 9. Renovation of the cloakroom | - April |
| 10. Making of a pitch for youth | - November - June |
| 11. Renovating the drainage of the main pitch | - October – March |
| 12. Purchase of the sport equipment and sport clothes | - October – March |
| 13. Hiring the sports hall | - October – March |
| 14. Organization of the indoor tournaments | - November – March |
| 15. Organization of the International Football competition | - June |
| 16. Finishing the project and making a report | - 1 July 2005 |

BUDGET

REQUESTED AMOUNT

<i>L.P.</i>	<i>Task</i>	<i>Amount</i>
<i>1.</i>	<i>Starting fees for youth</i>	<i>400</i>
<i>2.</i>	<i>Insurance of the players</i>	<i>1.100</i>
<i>3.</i>	<i>Compulsory medical examinations 30zł*20people</i>	<i>600</i>
<i>4.</i>	<i>Instructor training</i>	<i>1.500</i>
<i>5.</i>	<i>Referee fees</i>	<i>3.000</i>
<i>6.</i>	<i>Costs of going to matches</i>	<i>5.400</i>
<i>7.</i>	<i>Making places for spare players</i>	<i>4.000</i>
<i>8.</i>	<i>Making gates</i>	<i>8.000</i>
<i>9.</i>	<i>Renovation of the cloakroom</i>	<i>4.000</i>
<i>10.</i>	<i>Making of a pitch for youth</i>	<i>4.000</i>
<i>11.</i>	<i>Renovating the drainage of the main pitch</i>	<i>15.000</i>
<i>12.</i>	<i>Purchase of the sport equipment</i>	<i>1.000</i>
<i>13.</i>	<i>Organization of the International Football competition</i>	<i>3.000</i>
<i>14.</i>	<i>Purchasing of sports clothes for 20 players</i>	<i>3.500</i>
<i>15.</i>	<i>Purchasing of sports shoes</i>	<i>1.000</i>
<i>16.</i>	<i>Purchasing of the leg protection</i>	<i>600</i>
<i>17.</i>	<i>Purchasing of the match balls</i>	<i>300</i>
<i>18.</i>	<i>Purchasing of the training balls</i>	<i>700</i>
<i>19.</i>	<i>Zakup chorągiewek</i>	<i>800</i>
<i>20.</i>	<i>Renting a sports hall for winter activities 4 hours a week</i>	<i>1.200</i>
<i>21.</i>	<i>Renting a hall for 3 indoor competitions</i>	<i>600</i>
<i>22.</i>	<i>Organization of 3 indoor competitions</i>	<i>1.500</i>
<i>23.</i>	<i>Purchasing of indoor balls</i>	<i>360</i>
<i>24.</i>	<i>Purchasing of the computer for the office of the club</i>	<i>4.500</i>
	<i>TOTAL</i>	<i>66.060</i>

OWN CONTRIBUTION

<i>L.P.</i>	<i>Task</i>	<i>Amount</i>
<i>1.</i>	<i>Maintenance costs: cloakroom, water, electricity</i>	<i>3.000</i>
<i>2.</i>	<i>Mowing the football pitch, putting calcium on the pitch, marking the lines.</i>	<i>5.000</i>
<i>3.</i>	<i>Purchasing the material for the pitch drainage</i>	<i>5.000</i>
<i>4.</i>	<i>Instructor fee</i>	<i>6.000</i>
	<i>TOTAL</i>	<i>19.000</i>

BUDGET OF THE WHOLE PROJECT

	<i>Name</i>	<i>Amount zł</i>	<i>EUR</i>
<i>1.</i>	<i>Own contribution</i>	<i>19.000</i>	<i>4.223</i>
<i>2.</i>	<i>Requested amount</i>	<i>66.060</i>	<i>14.667</i>
	<i>TOTAL</i>	<i>85.060</i>	<i>18.890</i>

PROJECT PRESENTATION 4

TITLE

„ CYCLING BARCINEK”

Organization

Association „Our Barcinek”

Coordinator

Edyta Bagrowska
Piotr Bagrowski

INFORMATION ABOUT THE PROJECT

TITLE OF THE PROJECT

>>CYCLING BARCINEK<<

Time frame of the project:

Beginning date of the project:

Ending date of the project:

Problem characteristics:

Barcinek is a small village with around 600 inhabitants, belonging to the local district Stara Kamienica. The village is situated in the picturesque valley of the Kamienica river. In the past there were two state agriculture farms in the village and a famous sanatorium of the Ministry of Interior Affairs. At present the village has changed from the agricultural-spa profile to agricultural-industrial. The land has recently been acquired by an agricultural Co-operation Company, and in place of the spa there came buildings of the metal industry.

The inhabitants of Barcinek had mostly worked at the state agriculture farm or in the spa. The process of economic and political transformation in Poland had tragic consequences for personal lives of those who had worked at the state farms before, as well as for their families. They did not adjust to the „new” reality, lost their job, did not find the new one and, consequently, became passive and frustrated. It caused the loss of social ties between the inhabitants and lack of local identity with their social group.

Beautiful landscapes, spa climate and a great many roads allowed for discovering the hidden potential of Barcinek as a cycling area. At the moment, since early spring till late autumn, dozens of cycling fans visit Barcinek. It is a great chance for the inhabitants of Barcinek to become organizers of events accompanying bike tourism.

The problem of Barcinek is passive attitude of its inhabitants leading to their marginalization. Unemployment reaching 30 % of the people in the so called production age is a reason of their personal problems and alienation.

BENEFICIARIES:

Project is directed at the inhabitants of Barcinek as well as people visiting the village.

THE GOAL OF THE PROJECT:

The project will allow for promoting people living in Barcinek and the village itself. It assumes making materials promoting Barcinek as an attractive place for cycling tourism, there will also be organized a series of

educational-cultural workshops connected with cycling tourism. In addition the central point will be made in Barcinek on the cycling paths crossroads including the bicycle stands, resting place and an information table for tourists.

FORSEEABLE RESULTS:

Direct results:

- Materials promoting village Barcinek
- Series of educational-cultural workshops connected with cycling tourism.
- There will be a central point in the village – resting place and tourist information for tourists.

Indirect results:

- Activating the village inhabitants
- More tourists visiting Barcinek

TASKS AND METHODS:

- designing and making promotional materials – folders, maps, visit cards etc.
- Organizing a series of educational-cultural activities,
- Building of a Bicycle Centre: information point, resting place, repair and servicing the bikes.

All planned activities will be run according to a detailed workplan, which will be made after the project is accepted for funding. Some activities connected with the project are already taking place

During the project a close co-operation with institutions and organizations from the whole local district will be started:

- The Local Authorities in Stara Kamienica,
- Local Firebrigade.
- Association Kopaniec,
- Village Women Association in Rybnica
- Primary School and Gimnazjum in Stara Kamienica,

EVALUATION OF THE PROJECT:

The evaluation of the project will be done on the basis of concrete results immediately after the completion of the project. Additionally, the inhabitants of Barcinek will respond to a questionnaire, and the results of the effectiveness of the activities will be evaluated long after the completion of the project.

PRELIMINARY BUDGET:

CATEGORY	REQUESTED AMOUNT	TOTAL COST (including private costs)
Promotional materials – folders, maps, visit cards – design and printing	10.000,00	10.000,00
Organizing a series of educational –cultural events, festivals promoting the project and the village Barcinek	5.000,00	7.000,00
Building of a tourist centre: information place and repair workshop, resting place for tourists	10.000,00	12.000,00
TOTAL:	25.000,00	29.000,00

Edyta Bagrowska

Piotr Bagrowski

PROJECT DESCRIPTION 5

TITLE

„Become a master in chess”

Organization

Friends of Wojcieszycze Society

Coordinator

Jolanta Kuczewska

SUMMARY OF THE PROJECT

Friends of Wojcieszycze Society is an association aiming at activating inhabitants of Wojcieszycze and promoting the village. Long-term experience allows for realistic goal setting.

Project entitled: „Become a master in chess” is aiming not only at activating the inhabitants to pursuing a new form of activities, but also raising the tourist attractiveness of the local district Stara Kamienica. A lot of tourists visiting this region is looking for offers of recreational-sport events. Chess tournaments can be a great form of open-air presentation of this royal game.

Learning to play chess may have a very good influence on the intellectual development of the new generation. Fitting up a social meeting room in computers with programs for learning chess will make the study more interesting. Computers will allow for purchasing extra programs for learning languages and other educational programs.

INFORMATION ABOUT THE ORGANIZATION

FULL NAME OF THE ORGANIZATION

Friends of Wojcieszycze Society

ADDRESS OF THE ORGANIZATION

Wojcieszycze 116

TELEFON / FAX / E-MAIL / WWW

75 500 31

CONTACT PERSON

Jolanta Kuczevska, Adam Czajkowski

LEGAL STATUS

Association

BANK ACCOUNT NUMBER

BGŻ 7811 6022 02 0000 0000 3575 0496

REGISTRATION OF THE ORGANIZATION

The society was founded in 6.02.1998, formally registered 9.10.2001

MANAGEMENT AND STRUCTURE

**BOARD: Chairman: Adam Czajkowski, V-ce –
Mieczysław Sydor, Treasurer – Waldemar Grabias**

SCOPE AND FORMS OF ACTIVITIES

ACHIEVING STATUTORY GOALS

FULL TIME EMPLOYEES

Not applicable

VOLUNTEERS

There are 20 members of the Society

Territory of the organization

Wojcieszycze in Stara Kamienica local district

EXPERIENCE OF THE ORGANIZATION

**Organization of many activities for local community in
Wojcieszycze: Santa Claus party, Children's Day, Family
Fairs, Bicycle Cross, New Year's EVE PARTIES).**

The Society prepared and carried out an action to clean up an old German cemetery near the
evangelic church.

V. INFORMATION ABOUT THE PROJECT

TITLE OF THE PROJECT

„BECOME A MASTER IN CHESS”

DURATION OF THE PROJECT

1. Beginning date of the project: October 2004r
2. Ending date of the project: 1 July 2005 r.
3. Further continuation of the project: until the end of 2006

PROBLEM DESCRIPTION

Village and problem characteristics

Village Wojcieszce belongs to the local administrative district Stara Kamienica in Jelenia Góra district in Dolny Śląsk Province. It was first mentioned in writing in 1305. The name of the village was being remade by local inhabitants:– Woyczczdorf, Foytsdorf, Voigtsdorf, after 1945 Ptaszyn, and since 1946 - Wojcieszce.

It is a long chain village alongside Wojcieszka river, one of the most beautiful and nicely situated in the Jelenia Góra Valley. Wojcieszce are as long as 4,4 km, on the height of around 350 – 410 m. Among the main historical monuments of the village are: Parish Church of the name of Saint Barbara from XVIIIw, not used evangelic church, one of the best preserved collection of the historical private buildings.

In 1988 there were 99 farms here as well as the state farm company, and 20% of the working population had income from agriculture. After the economic changes farming became not sustainable. Wojcieszce is a village where the unemployment rate is very high. There is no cultural centre there where you can spend your free time in an interesting way, using your knowledge and skills. Most of the inhabitants are unemployed and they cannot afford to send their children to cultural centers in the nearby Jelenia Góra. People working in the field have no income. A big difficulty is also bad public transport facilities. Less and less public transport buses go to Jelenia Góra.

Lack of sufficient cultural offer means that children, young people as well as adults come in conflict with the law and are victims of addictions. As a result several children are under curator supervision and many are convicted of crimes. If the youth does not have sufficient possibilities of acting, pathology, crime – robberies, mugging – will flourish.

AIMS OF THE PROJECT

The main aim of the project is encouraging the inhabitants of the village Wojcieszce to actively and in a healthy way spend their free time, eliminate any pathological phenomena, lack of activity from the lives of older people.

We would like to organize a series of activities which would teach people playing chess. The learning situation would be carried out by professional instructors and amateurs. We would also like to purchase computer chess programs for individual study.

As a consequence of our activities we would organize a chess tournament for three age groups in our village, and in time move those tournaments to the local level.

We will try to:

- Organize the time of youths and children in the most efficient and attractive way as possible, which, hopefully, will have a positive effect on them as they will change their negative behavior for positive group activity (at present they are sitting in bars unproductively and wandering around aimlessly)
- Change negative attitudes and behavior, and the system of values
- Introduce and develop positive cultural examples among youth and children
- Prevent social pathology (alcoholism, drugs, crime)
- Promotion the healthy lifestyle
- Activating retired older people, men and women
- Organizing a new form of activities: chess tournaments
- Returning to the tradition of chess games

BENEFICIARIES

The beneficiaries of the project will be children, youth, retired people and all people who would like to join us. We would like it to be the biggest number of participants, who will support our activities with active participation or visit us as spectators. The beneficiaries of the project will also be tourists visiting this region, who can participate in open chess competition.

RESULTS

The result of our activities will be creation of:

- Open Chess Club
- Senior Chess Club
- Making the tourist offer of the region more attractive for tourists spending their time in Wojcieszce and surroundings
- Activating retired people, children and youth

Direct result will be the organization, for the first time, an open chess tournament in Wojcieszce for children, youth and adults.

The indirect result of our activities will be gathering the ever bigger number of people interested in our activities, not always participating in the chess games, but as spectators.

Concrete result will be:

- Competition for school children
- Tournament for youths (who will attract seniors)
- Tournament for seniors (teach youth)

TASKS:

1. Recruiting the participants
2. Organizing activities with the instructor
3. Preparation for the tournament
4. Open Chess games
 - Competition for school children
 - Tournament for youths (who will attract seniors)
 - Tournament for seniors (teach youth)
5. Creating the Senior Club
6. Organization of the „Local Chess Tournament in Stara Kamienica”
7. Promoting the idea of chess tournaments in other villages: creation of annual event

EVALUATION OF THE PROJECT

The evaluation of the project will be done before and after carrying it out. The evaluation will be made by the Board of the Wojcieszce Society. All kinds of improvements will contribute to the better allocation of the grant. There will also be a formal evaluation among the participants to the tournaments.

BUDGET

REQUESTED AMOUNT

<i>L.P.</i>	<i>Task</i>	<i>Amount</i>
<i>1.</i>	<i>Purchasing chess boards</i>	<i>2.000</i>
<i>2.</i>	<i>Purchasing chess clocks</i>	<i>2.000</i>
<i>3.</i>	<i>Fee chess instructor</i>	<i>2.000</i>
<i>4.</i>	<i>Purchasing two computers for the community room (for learning chess)</i>	<i>8.000</i>
<i>5.</i>	<i>Software</i>	<i>5.000</i>
<i>6.</i>	<i>Renovation of the community room (electrical installation, painting)</i>	<i>2.000</i>
	<i>TOTAL</i>	<i>21.000</i>

OWN CONTRIBUTION

<i>L.P.</i>	<i>Task</i>	<i>AMOUNT</i>
<i>1.</i>	<i>ELECTRICITY</i>	<i>500</i>
<i>2.</i>	<i>Maintenance of the room</i>	<i>1500</i>
<i>3.</i>	<i>Office materials: posters, invitations.</i>	<i>200</i>
<i>4.</i>	<i>Personnel costs: manager of the community room</i>	<i>2.400</i>
<i>5.</i>	<i>Renting of the room</i>	<i>3.600</i>
	<i>TOTAL</i>	<i>8.200</i>

BUDGET OF THE WHOLE PROJECT

	<i>NAME</i>	<i>AMOUNT zł</i>	<i>EUR</i>
<i>1.</i>	<i>Own contribution</i>	<i>8.200</i>	<i>1.822</i>
<i>2.</i>	<i>Requested amount</i>	<i>21.000</i>	<i>4.667</i>
	<i>TOTAL</i>	<i>29.200</i>	<i>6.489</i>

PROJECT DESCRIPTION 6

TITLE

„ Medieval Kopaniec”

Organization

Association Kopaniec

Coordinator

Piotr Kurowski

INFORMATION ABOUT THE PROJECT

1. NAME OF THE PROJECT:

>>MEDIEVAL KOPANIEC<<

2. PROBLEM CHARACTERISTICS:

Kopaniec is a small and neglected village, which has rich tourist traditions. The village is now home to about 400 inhabitants, who are mostly doing seasonal jobs. During the times of great popularity (before the 2nd World War), the village was inhabited by about 1500 people. The village was a so called „Air-spa” - renowned and treasured among people from Wrocław, Dresden, and Berlin.

In the past years the village became again the end-point of trips of many tourists, who, however, do not find yet proper conditions for good rest, and the local people do not yet benefit from their presence.

Project „Medieval Kopaniec” will have as its effect, that local inhabitants will activate itself with the aim of attracting and keeping tourists there, and , in the long term, benefiting from their presence in the village. There are many reasons for starting that sort of activities on the village – medieval walls, traces of medieval mining and glass activity, model of the medieval ceramic oven etc. In addition there currently lives in Kopaniec a craftsman producing medieval arms and accessories as well as a man producing leather clothes and extra’s. An additional advantage is the existence of the People’s Theatre Kopaniec and the fact, that many artists live and create in this village..

3. PROJECT BENEFICIARIES:

The beneficiaries of the project are, on one hand, the inhabitants of the village Kopaniec willing to take part in making medieval attractions, on the other hand all visitors: tourists willing to make use of those attractions.

4. THE GOALS OF THE PROJECT:

- making Kopaniec more attractive tourist village
- using historical, landscape and cultural attractions of the village
- using the people’s potential: artists, craftsmen and enthusiasts
- gaining additional source of income for the inhabitants of the village
- integration of the inhabitants through working and playing together

4. TASKS AND METHODS:

1. Making of the medieval costumes for people taking part in the show
2. Making copies of middle-ages arms as well as ladies and knights' equipment
3. Preparing show and tournament places as well as shooting places for tourists
4. Making of information boards, road signs and other signs
5. Designing and making of leaflets, folders and other promotional materials.
(signs, T-shirts etc.)

5. EVALUATION OF THE PROJECT:

The evaluation of the project will be done on the basis of concrete results immediately after the completion of the project. Additionally, the inhabitants of Barcinek will respond to a questionnaire, and the results of the effectiveness of the activities will be evaluated long after the completion of the project.

6. PRELIMINARY BUDGET:

BUDGET ITEM	REQUESTED AMOUNT	TOTAL COST (including own costs)
Medieval costumes (10 male, 8 female)	6.000,00	7.000,00
Arms and accessories for shows (łuki, axes, swords, shields etc.)	6.500,00	8.000,00
Building of show places: tournament and feast place, guarding tower, shooting place	4.000,00	6.000,00
Boards and road signs (information boards, road signs and signs on buildings and objects)	2.500,00	3.000,00
Promotional materials (printing of medieval maps, folder, information leaflets) making promotion T-shirts, making souvenir stamps	6.000,00	6.000,00
TOTAL:	25.000,00	30.000,00

PROJECT DESCRIPTION 7

TITLE

„ IZERY MEETING POINT”

Stara Kamienica Cross Culture Centre

*learning, understanding and experiencing farming,
crafts, local art, nature/landscape and history*

Organization

Fundacja Nemo

Coordinator

Kamila Jelenska

INFORMATION ABOUT THE ORGANIZATION

FULL NAME OF THE ORGANIZATION

Fundacja Nemo

ADDRESS OF THE ORGANIZATION

Kopaniec-Miedzylesie 5, 58-512 Stara Kamienica

TELEPHONE / FAX / E-MAIL / WWW

(0048-75) 7693605, info@nemoland.org www.nemoland.org,

CONTACT PERSON

Kamila Jelenska

LEGAL STATUS

Officially registered and legally functioning Polish foundation

BANK ACCOUNT NUMBER

Bank Slaski 42.1050.1751.1000.0022.7269.4585

STARTING DATE OF THE ORGANIZATION

1998, but officially 1-10-2004.

MANAGEMENT AND STRUCTURE

Kamila Jelenska is director and coordinator of Fundacja Nemo. Fundacja Nemo is a legal Polish organization and is completely independent from the Dutch Nemo-organization.

SCOPE AND FORMS OF ACTIVITIES

Coordination of Izery Meeting Point, organizing volunteer camps, workshops, education.

PEOPLE WORKING FULL TIME

one

VOLUNTEERS

Many, mainly Dutch

AREA:

Stara Kamienica area

CONTACTS:

The group co-operates with the following organizations:

- Local Authorities in Stara Kamienica
- Association Kopaniec
- Komitet Protestacyjny Chromiec i Antoniów
- Sudeckie Towarzystwo Turystyki Wiejskiej
- Stowarzyszenie Promocji Przedsiębiorczości w Starej Kamienicy "Izery"
- Gesellschaft für interregionalen Kulturaustausch Berlin/Kopaniec.
- Fundacja Kultury Ekologicznej, Jelenia Góra
- Euroregion Neisse-Nisa-Nysa
- Verein zur Pflege Schlesische Kunst und Kultur, Palac Lomnica, Lomnica Dolna
- Monumenta Silesiae
- Kolegium Karkonosze

EXPERIENCE SO FAR:

1. International volunteer-camps 1999 - 2004
2. Dutch Day (cultural event in Stara Kamienica) 2002, 2003, 2004
3. Student programs, stages and workshops 2004
4. Organizing camp for troubled youth, 2004
5. Inventarisation of footpaths in Stara Kamienica and designing a footpath-network
6. Restoring old footpaths and building 3 bridges
7. Coordinating meals for tourists with local farmers and artists
8. Identifying Dutch farmers wishing to invest or to open an activity in Stara Kamienica area. Nemo has organized 7 visits of interested Dutch farmers and gardeners
9. Promotion of products from Stara Kamienica in the Netherlands (for instance leaded glass, art, jam)
10. Producing a video for Dutch TV by Jan Stap with interviews about the problems of the region
11. Promotion of Stara Kamienica in Amsterdam by the "Poland Café", 2 times a year, and production of a yearly magazine, folders and brochures
12. Co-financing of an archaeological research near the planned mining area
13. Developing of program for children based on local legends, including workshop, theatre, building huts
14. Collecting and exposing of books, photos and tales related to the history of the area from the Polish and German sources
15. Flora and fauna inventory in the area by Dutch Association for biologists KNNV during two biology camps
16. Signing contract for cooperation and exchange with Kolegium Karkonosze

INFORMATION ABOUT THE PROJECT

1. NAME OF THE PROJECT:

>>IZERY MEETINGPOINT: program of activities 2005<<

2. DURATION OF THE PROJECT:

Beginning date of the project:	1 May 2005r
Ending date of the project:	1 October 2005

3. PROBLEM CHARACTERISTICS:

The district of Stara Kamienica is an extreme example in Poland having the best and most suitable opportunities and resources for sustainable rural economy (tourism, crafts, art, ecoproducts) and being threatened by economical depression, social problems, destruction of local culture and nature by mining plans and neglect of social resources for sustainable development.

Apart from the well-known areas of main stream tourism Stara Kamienica can offer tourists an agricultural landscape with high natural values, that is very attractive and often completely unknown. Moreover the region between three attractive nature parks (Karkonosze and Izerskie Mountains, Bóbr Valley) offers a landscape and culture that could easily attract extensive nature and culture oriented recreation and rural tourism next to the sufficient possibilities for intensive recreation nearby in places such as Jelenia Góra/Cieplice and Szklarska Poreba/Karpacz. Both types of recreation complement and strengthen each other. This naturally beautiful region of Stara Kamienica is threatened by the plans to explore an open stone mine, which would damage all possibilities for rural tourism and landscape/nature protection in the area. However, thanks to the firm attitude of the local community, local government (gmina) and regional authorities (województwo) these plans were rejected up to now. But the minister is trying to change this decision and the mining company is using all means to change the decision. It is most important to gain support for this project (and other local projects) to create an alternative to the Pol Skal mining plans.

4. PROJECT BENEFICIARIES:

Locals, inhabitants of the Polish, Czech and German Euroregion Nysa/Neisse, German heritage tourists, Polish and foreign students, disabled people, nature and culture oriented tourists from Poland and abroad, people with social and health problems.

5. THE GOALS OF THE PROJECT:

The goal of the project is to prepare and work out the program of activities in 2005 for the Izery Meeting Point. The facilities for the Izery Meeting point are established from 1998 to 2004 by Fundacja Nemo in Miedzylesie (between Kopaniec, Mala Kamienica and Chromiec). The facilities are part of a farm of 32 hectares, with a house and 3 stables, gardens, orchard, creeks, meadows and woods, near nature reserves. In the last five years the farm is renovated by volunteers of the Dutch Association Nemo. In 2004 the Fundacja Nemo is officially registered and in 2005 the Izery Meeting Point will start to organize its programs

Project-aims are: creating a visitors' center for local culture, focused on local traditions, crafts, culture/nature and legends as a mean to promote rural tourism and education as 'learning by experience' through:

1. Empowerment and community building activities, like events, cultural exchange, new economic activities targeted at the local inhabitants.
2. Appreciation, upgrading and preservation of the local ecological, cultural and historical heritage, emphasizing the values of local culture, landscape, traditions and crafts.
3. Building understanding and awareness of different cross border cultures.
4. Generating new concepts and trends for promotion and corporate identity of sustainable rural tourism in the border zones of the Euroregio.
5. Promoting sustainable economic activity, offering alternatives for the Pol-Skal mining plans.
6. Cooperation with other NGO's and schools in the region. This project offers a pragmatic base for diverse form of participation. It is also in line with current EU policy especially in linking tourism to rural development. There is a specific interest in regions near borders (Euroregions). This project also joins up with other initiatives present in the Euregion of Neisse to which it belongs (Czech North-Bohemia, German/Polish Lower Silesia). Co-operation with German and Czech partners will be part of the project.

6. TASKS AND METHODS:

ACTIVITY PROGRAM IZERY MEETING POINT 2005

Izery Meeting Point

Fundacja Nemo wants to develop its agrarian functions as a model farm for sustainable development in Stara Kamienica. The aim is to combine farming with agrotourism, education, conservation of landscape and nature, innovation of agrarian productivity and health programs. In 2005 Fundacja Nemo wants to start a new activity program called *Izery Meeting Point*.

Activity Program 2005

1. Volunteer camps
2. Summer schools and workshops
 - a -. Legend program
 - b - Health program experiential learning
 - c - Research and innovation of agrarian productivity
3. Promotion
 - a - Making a website
 - b - Organizing a presentation and exhibition in Poland, Germany and Holland.

1. Organizing summer schools and international volunteer camps

When: 8 weeks: May 1 -14; July 3 – August 13

Who: foreign and Polish tourists and students

Aim: To organize educational, theoretical and practical volunteer activities for tourists and students who during their holidays want to contribute to the sustainable development of Stara Kamienica and building up the Izery Meeting Point.

Activities:

Each week has a special subject:

Week 1 May 1-7; subject: Springtime

Week 2 May 8-14; subject: Culture

Week 3 July 3-9; subject: History

Week 4 July 10-16; subject: Farming

Week 5 July 17-23; subject: Geology

Week 6 July 24-30; subject: Legends

Week 7 July 31 - August 6; subject: Farming

Week 8 August 7-13; subject: Nature

Furthermore other practical activities will include restoring landscape elements (walls, pilgrim-roads, footpaths, bridges), restoring historical stables and facilities of the Izery Meeting Point.

How: The center of Fundacja Nemo is not a camping or pension and the Fundacja has no commercial activities. Volunteers and trainees stay for free and pay their own costs. The Dutch Association Nemo is supporting Fundacja Nemo by attracting the volunteers, making promotion for the activities of Fundacja Nemo outside Poland and finding funds.

2. Organizing workshops and scientific research.

When: 10 weeks: May 1 -14; June 4-19; July 3 - August 13

Who: Polish and foreign students, youth and tourists focused on local history, geology, landscape, agriculture, local artists and social care (in cooperation with Association Kopaniec, Kolegium Karkonosze, Dutch, German and Polish universities and High Schools).

Aim: Promoting education and experiential learning by legend program, health programs and research and innovation of agrarian productivity

Activities:

a. Workshop Local legends and fairy tales. in holiday-seasons May 1 -14; July 3 – August 13 there will be each week a program for children based on local legends. Local legends will be the framework for lots of activities for children and tourists, to gain support and sympathy for historical and natural values of the region. People will experience the legends by workshops, theatre, reading and walking. (in cooperation with Association Kopaniec, tourist organizations and local schools). The aim is to use local legends to raise identity for the region and find new concepts for tourist promotion.

Weekprogram: Reading 5 days the 5 chapters of the Aga/Rübezahl storey. Each day has a subject, linked to local history and nature. Children are asked to make a presentation. The 6th day there is a common presentation and theatre.

b. Experimental learning for troubled youth Learning by doing.

The aim is to develop new concepts for youth-aid, as well for Dutch troubled youth as for Polish youth, based on experiential learning in natural environments The goal is to

learn about yourself, your capabilities and about others through experiencing of difficult and strange situations. This experience is acquired through participation in various activities in natural surroundings, like demanding hiking excursions, work in nature, participation at useful projects, contacts with the local population and/or via workshops and exchange projects. In experiential learning participants work on perseverance, self- confidence and creativity with a lot of space for effort, performance and improvisation. In strange surroundings, the participants come to understanding of an important part about themselves and about the cooperation with others. Though this process they learn about themselves as individuals and as part of a group better and they can use the opportunities presented in this way.

Fundacja Nemo wants to organize bivak camps in cooperation with Cardea, a Dutch help-organization for troubled youth, which organized already a week for Dutch troubled youth in Mala Kamienica.

Program: 3 bivak camps in May, June and July 2005. The groups will create their own facilities, take their own coaches with them and make their own programs based on experiential learning.

c. Research to new concepts for production, promotion and selling of agrarian and local made products. In 2005 Fundacja Nemo wants to work out the research-reports of Dutch students (Hanneke Lankveld, Theo Wijma, Vera Velstra, Titus Galema) in 2004 about the possibilities for new agrarian activities in Stara Kamienica (in cooperation with neighbor farmer Jozef Zaprucki). The education and trainee activities will be based on experiential learning: *learning by experience*. In 2005 Fundacja Nemo wants to continue the existing cooperation with LUW (Agrarian University Wageningen), Dutch Agrarian High schools (Van Hall, Larenstein), the Dutch Tourist Academy in Breda and other High Schools by offering trainee and exchange programs with Polish universities and schools. Fundacja Nemo wants to integrate these programs within its existing cooperation with Kolegium Karkonosze and the University of Warsaw.

3. Promotion

a. Making a website

b. Organizing a presentation and exhibition in Poland, Germany and Holland about the Izery region focused on identity (landscape, history, people), problems (Mining plans, social and economical problems) and alternatives (local artists, sustainable tourism, farming, Izery Meeting Point).

7. PROJECT COORDINATION:

Fundacja Nemo, as local Polish organization, will coordinate this project.

Coordinator: Kamila Jelenska

Kamila Jelenska is supported by an international project team coordinated by Peter Spruijt, Mathilde Andriessen and Hans Geux.

8. EVALUATION OF THE PROJECT:

The evaluation of the project will be done on the basis of concrete results immediately after the completion of the project.

9. PRELIMINARY BUDGET:

BUDGET ITEM	REQUESTED AMOUNT	TOTAL COST (including own costs)
1. Organizing international volunteer camps	10.000,00	5.000,00
2. Organizing summer school and workshops	10.000,00	25.000,00
3. Promotion	5.000,00	5.000,00
TOTAL:	25.000,00	35.000,00

We like to present you a new project for sustainable development in the Polish municipality Stara Kamienica, in the south-west of Poland, near the Izer and Giants' Mountains.

This project is called "IZERY WIES", Vivid Villages in Polish Izer Mountains, and is based on the project proposals of local NGO's. The Project coordinator is Adam Spolnik, working at the municipality of Stara Kamienica.

For this project the Dutch Association Nemo got financial support from the Dutch NCDO in the framework of the Matra-program for the half (20.000 euro) of the total budget of 40.000 euro. But the only condition is that Nemo is able to raise the other half (20.000 euro) in the Netherlands. The aims and motivations of this project are clearly written in the plans.

We hope you can understand that this project is extremely important for our Polish partners. That is why we like to ask your support in finding sufficient funds for this project. Without Dutch financial support the whole project has to be cancelled.

Please support sustainable development on the Polish countryside, based on local plans!

Help us to raise 20.000 euro!

Thank you,

Yours sincerely,

Peter Spruijt
Director of Association Nemo

Background information by Peter Spruijt (Nemo)

The district of Stara Kamienica

The district of Stara Kamienica is situated in South West Poland in the Sudete area of Lower Silesia, not far from the German and Czech border close to the monumental Jelenia Góra and the winter resort of Szklarska Poreba, in the foothills of the Karkonosze Mountains (Giants' Mountains) and the Góry Izerskie. The district covers an area of 11.050 hectares, has approximately 5500 inhabitants who live in the villages of Stara-, Nowa- and Mała Kamienica, Chromiec, Antoniów, Kopaniec, Miedzylesie, Rybnica, Barcinek and Wojcieszce. The district lies on the outer limits of an extensive mountainous area with a lot of forest, and an old, small-scale, agricultural landscape with many small fields, woods and villages with monumental farms. There are walkways everywhere. Apart from cultivated fields and grassy areas, the area consists of densely forested valleys. Wooded banks, millstreams, fords, walls and terraces testify to agricultural patterns of cultivation dating from the fourteenth to the eighteenth century that are still in a remarkably perfect condition. Before the World War II the district was a very popular "Luftkurort" (health resort). Most inhabitants rented out rooms to tourists. After the war this "village tourism" disappeared completely. As in other European transitional areas the land is not cultivated any more and forest slowly takes over. There are still many possibilities to maintain the old small-scale agricultural landscape and conserve its natural and cultural values.

Recently the area is threatened by a mining company who wanted to explore a 75 ha. open granite mine in Mała Kamienica. The mining plans are directed towards exploitation of natural resources with inevitable destruction of landscape. Thus the issue of landscape conservation becomes vital for the local community. In this situation it is necessary to develop a vision of sustainable economic development integrated with the environment and community friendly measures as alternative to short- term profit-oriented solutions like mining. The vision needs to offer a wider scope of economic perspectives for the local community rather than just exploitation of earth resources with consequent environmental damage to be paid by the next generation. The present project can be part of this vision for the area offering development with long-term profit approach in which also the future generations can enjoy unspoiled qualities of local landscape and environment. There is a lot of support for plans to protect the landscape and to develop the district. The local authorities and political leaders support the principles of sustainable development. There are also many local artists, new entrepreneurs, ecological farmers, teachers, historians, designers of exhibitions and others who would like to get involved.

The region

From the beginning of the Polish nation in the 10th century the region has been Polish under the rule of the Silesian Piast dukes. The ruins of a Piast stronghold in Stara Kamienica testify to this. From the twelfth century onwards the Silesian dukes invited German colonists to the area. Under the rule of the Schaffgotsch family these colonists founded towns and villages around the Karkonosze and Izer Mountains. In the 14th century the Piast dukes came under Bohemian rule and Austria inherited the region in 1526. In 1741 the Prussian Frederick the Great conquered the area and the protestant majority gained freedom of religion. Until 1945 Stara Kamienica was part of Germany, known as Alt Kemnitz. After the war the Germans had to leave the area, as a result of the Jalta Conference in 1945. Most Poles who now live here originate from former East Poland that is now a part of the Ukraine, Byelorussia and Lithuania.

There have been few recent investments in employment and (tourist) infrastructure because of the fear that Germany would reclaim the area. In 1991 both countries have fixed the borders in a final treaty. After the collapse of communism unemployment has even increased because many large industries and agricultural enterprises shut down. In the cities there is relative prosperity but the rural areas hardly benefit from this. There are many problems with unemployment and social services are insufficient. Large-scale tourism is limited to some monumental cities, the Karkonosze Mountains and the health resorts in Cieplice and Swieradów Zdrój; there is almost no rural tourism. There is no recognition of the typical cultural-historical and ecological value of regions like Stara Kamienica. This neglect lessens its attraction to tourists. Furthermore there is substantial environmental damage caused by surrounding heavy industry. Not long ago the area was known as the “black triangle”. In the meantime there has been a lot of investment in cleaning up polluting factories and reforestation.

Polish authorities as well as the European Union are of the opinion that sustainable development of the region should be approached integrally. Also social, ecological and economic problems should be solved in a coherent way. Therefore there should be support for “sustainable” recreation and tourism in which the tourist as well as local people contribute to preservation of nature and culture and benefit from these efforts. A specific project such as this one sets an example and provides the necessary instruments for facilitation of a profitable development. Sustainable tourism is an amorphous term that is difficult to define. In short, sustainable tourism shows rather than describes; it allows the tourist to be an active participant in the experience. Nature tourism, resource-based tourism, adventure tourism, eco tourism, agro tourism, educational, health and heritage tourism have all been applied to this field. People want to “experience” nature and culture as an active, not an idle, participant on their adventure. Personal health, enrichment, enlightenment, stimulation, and engagement are among the primary motivators for these travelers. The top five motivations for them are: To be outdoors. To experience the sights, smells and sounds of nature and culture. To see something new. To learn new skills.

If the Polish community and the local authorities are able to stop the landscape destroying mining plans, and invest in sustainable tourism, the region of Stara Kamienica will soon have profit of this development by new economic activities and employment.

Possibilities and opportunities of the region Stara Kamienica

1. Strategic location in the Euroregion Neisse/Nysa, between the main cities in Middle Europe and in proximity of motorways to Wrocław, Dresden, Görlitz, Prague, Berlin.
2. The asset of its valuable landscape, cultivated and still intact.
3. Added natural value through important biodiversity due to the proximity of natural parks (Karkonosze and three local natural parks).
4. A dramatic historical background, (changing borders, a history that is Polish but also Bohemian, Austrian and German), as shown by many monuments and landscape structure.
5. Great potential for rural tourism as well as intensive tourism (spas, skiing) in the region.
6. Great economic potential for good quality regional products and ecological agriculture and horticulture thanks to excellent soil conditions, limited use of fertilizers and a healthy environment.
7. The shared Polish-Bohemian-German history could form the basis of German-Bohemian-Polish exchange activities and friendship around the theme of continuity in (rural) history.
8. The region offers excellent conditions for new trends in tourism. These new trends should be the guiding principles for developing sustainable tourism in the region, following the dialectics of progress.

Problems and obstacles of the region

1. In the era of communism the region has suffered greatly from air pollution (The Black Triangle) and little was invested in employment and tourist infrastructure.
2. The landscape is marked by a double negative identification. The Germans suffered a traumatic exodus in 1946, the Poles a forced transmigration in 1945/46.
3. Agrarian enterprises were dominated and suppressed by traditional communist economy since the end of II world war. Therefore farmers hardly dare to take risks and the concept of cooperation is suspicious and has a negative connotation.
4. After the fall of communism free market economy and the expansion of big scale farming in the middle of Poland has all but pushed aside traditional small-scale agriculture in the region.
5. Because the area is situated in a hilly transitional zone close to natural parks, it is economically isolated, most fields are untilled and farms stop their agricultural activities.
6. Many people are unemployed and there are hardly sufficient social facilities to cope with the problems. Community feeling is weak after the forced transmigrations and 45 years of communism and grows even weaker.
7. Now tourism mainly focuses on some monumental towns, the Karkonosze and the spas. There is hardly any rural tourism around these tourist areas. That is why they are often threatened by mining industry.
8. Western influence grows at the cost of the cultural identity of the region.
9. There is hardly any development of tourism or other regional products that could procure protection of the typical character of the region and to insure new income.
10. There is an absence of sufficient regional instruments to bring about positive development. Local organizations and authorities don't know how to fund and put into use possibilities of development (expertise, marketing, subsidies etc.) The opportunities the EU could offer in the form of subsidies are one more cause of fatalism and passivity whereas in the current situation investment is necessary.
11. Existing initiatives and (subsidized) development projects do not take into account the character of the region; the Polish context and the way the local population experience and see their region and its potential. Most projects are based on West European concepts of rural development and sustainable development. Because of the Polish context their intentions and effects are not in line.

Project strategy

1. Step by step approach, using the Polish way of doing things (the process is as important as the final result!)
2. Local approach: starting from the own community, oriented towards the local economy and specific problems.
3. Investing in good relations with the population, NGOs, schools and local authorities/religious community making visible international exchange through educational exchange, cultural manifestations, multilingual publications, mutual visits, festivities.
4. Supporting initiatives from motivated and reliable groups, for example women, artists, teachers, local associations and committees.
5. Gathering relevant knowledge about the region, from Poles who live here and Germans who lived there until 1946.
6. Acquiring knowledge about the local market, local possibilities of production, opportunities for marketing and distribution.
7. Trying out the market by means of pilots; new products, gaining local experience, choice of an attractive brand/logo.